



### SAFETY FIRST. ALWAYS.

#### PLEASE READ BEFORE USE

This is a specialist ladder and must be secured before use to prevent the ladder from slipping, usually by tying them at the top

- The ladder should be angled to minimise the risk of slipping outwards and as a rule of thumb needs to be 'one out for every four up'
- Access ladders should extend about 1m above the working platform. This provides a handhold for people getting on and off
- Do not overreach: if you are working from a ladder, make sure it is long enough and positioned to reach the work safely
- Do not climb or work off a ladder unless you can hold onto it.

## For regular inspection, the following items shall be taken into account

- Check that the stiles/legs (uprights) are not bent, bowed, twisted, dented, cracked, corroded or rotten; check that the stiles/legs around the fixing points for other components are in good condition
- Check that fixings (usually rivets, screws or bolts) are not missing, loose, or corroded; check that rungs/steps are not missing, loose, excessively worn, corroded or damaged
- Check that ladder feet/ end caps are not missing, loose, excessively worn, corroded or damaged;
- Check that the entire ladder is free from contaminants (e.g. dirt, mud, paint, oil or grease.

If any of the above checks cannot be  $\underline{\text{fully}}$  satisfied, you should NOT use the ladder.





Warning, fall from the ladder

Refer to instruction manual / booklet

Inspect the ladder after delivery. Before every use visually check the ladder is not damaged and is safe to use. Do not use a damaged ladder.



Maximum total load.



Do not use the ladder on a unlevel or unfirm base.



Do not overreach



Do not erect ladder on contaminated ground.



Maximum number of users.



Do not ascend or descend unless you are facing the ladder.



Keep a secure grip on the ladder when ascending and descending. Maintain a handhold whilst working from a ladder or take additional safety precautions if you cannot.



Avoid work that imposes a sideways load on ladders, such as side-on drilling through solid materials.





Do not carry equipment which is heavy or difficult to handle while using a ladder.



Do not use the ladder as a bridge.



Ensure stabiliser is fitted before use.



Do not wear unsuitable footwear when climbing a ladder.



Warning, electricity & hazard Identify any electrical risks in the work area, such as overhead lines or other exposed electrical equipment and do not use the ladder where electrical risks occur.









Ladder for professional use





Do not use the ladder if you are not fit enough. Certain medical conditions or medication, alcohol or drug abuse could make ladder use unsafe.



- Ensure the ladder is suitable for the task
- Do not use the ladder if contaminated, e.g. with wet paint, mud, oil or snow
- Do not use the ladder outside in adverse weather conditions, such as strong wind
- For professional use a risk assessment shall be carried out respecting the legislation in the country of use
- Do not spend long periods on a ladder without regular breaks (tiredness is a risk)
- Prevent damage of the ladder when transporting e.g. by fastening and, ensure they are suitably placed to prevent damage
- When positioning the ladder take into account risk of collision with the ladder e.g. from pedestrians, vehicles or doors. Secure doors (not fire exits) and windows where possible in the work area
- Use non-conductive ladders for unavoidable live electric work
- Do not modify the ladder design
- Do not move a ladder while standing on it
- For outdoor use caution to the wind.

### **LEANING LADDERS & EXTENDING**

Leaning ladders with rungs shall be used at the correct angle.



Do not lean the ladder against unsuitable surfaces.



Leaning ladders with steps shall be used that the steps are in a horizontal position.



Do not stand on the top three steps/rungs of a leaning ladder. For telescopic ladders the last metre shall not be used.



Ladders used for access to a higher level shall be extended by at least 1m above the landing point and secured, if necessary.



Locking devices shall be checked and be fully secured before use if not operated automatically.



Only use the ladder in the direction as indicated, only if necessary due to design of ladder.



Ladder shall never be moved from the top.



# RISK ASSESSMENT COMPLETION FORM

Inspector  Location & Site  Main activity/situation					Inspection No Signature												
									NOTES								
									A Personnel at Risk		B Severity C		C Pro	Probability			
☐ Employee		☐ Negligible ☐ Im		☐ Imp	ossible 🔲 P	robable											
☐ Contractor		☐ Minor injury ☐ Im		☐ Imp	robable 🗌 F	requent											
☐ Public		☐ Serious injury ☐ R		Ren	note												
		☐ Major i	njury	☐ Occ	casional												
INSPECTION NO.	ACTIVITY / LOCATION MATERIALS / TOOLS ETC.	HAZARDS Identified	A B C	RISK RATING (BxC)	SAFETY EQUIPMENT TO BE USED	ВС	RISK RATING (BxC)	ACTION BY									
	<b>9 MEDIUM</b> : Investigate and when sk is too high to start work or co			l: Action must be taken	to reduce risk.												

NOTES	



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